A Complete Assessment - As Easy As ABCDE

✓ = Potential WIC Codes/Key Areas to Assess



100's Anthropometric = HT/WT, %tiles (Anything related to weight gain, loss, growth)

- What has your doctor said about your child's growth/your weight?
- What are your thoughts on your weight?
- How do you feel about your child's growth?

Probe for these topics depending on what participant shares from questions to assess for all risks

| ✓ | Family's feelings on growth/gain | ✓ | Weight change |
|---|-------------------------------------|---|--------------------------|
| ✓ | Women: Feelings on weight gain/loss | ✓ | Prematurity/Birth weight |



200's Biochemical = Blood Tests (Anything related to blood- anemia, lead)

- What has your doctor said about your/your child's iron?
- What do you know about anemia?
- Have you or your child had a lead test before?



300's Clinical = Health/Medical Conditions (Anything related to medical history, medical

conditions, doctor access or pregnancy)

- What has your doctor said about your pregnancy/baby/child?
- Do you have any concerns in regards to health for you/baby/child?
- How does this pregnancy compare to your previous pregnancies?

Probe for these topics depending on what participant shares from questions to assess for all risks

| | МОМ | | BABY | | CHILD |
|--------------|--------------------|--------------|--------------------|---|--------------------|
| ✓ | Prenatal Care | ✓ | Allergies | ✓ | Oral/Dental Health |
| \checkmark | Nausea/Vomiting | ✓ | Medical Conditions | ✓ | Allergies |
| \checkmark | Previous Pregnancy | \checkmark | Immunizations | ✓ | Medical Conditions |
| \checkmark | Medical History | | | ✓ | Immunizations |
| | -Recent Surgery | \checkmark | Oral/Dental Health | ✓ | Medications |
| | -Delivery | , | | | |
| ✓ | Medications | ✓ | Medications | | |
| \checkmark | Allergies | | | | |
| ✓ | Oral/Dental Health | | | | |



400's Diet and Nutrition

- What is meal time like for you/your family?
- When do you know baby is hungry? How does baby tell you?
- How do you feel about your child's eating?

Probe for these topics depending on what participant shares from questions to assess for all risks

| | мом | | BABY | | CHILD |
|---|---------------------------|---|---|---|-------------------------|
| ✓ | Beverage/Water | ✓ | Solids foods/Beverages | ✓ | Beverage Intake/Cup Use |
| | Appetite | | Plan/What/how/when | ✓ | Milk Intake & Type |
| | -Likes/Aversions/Cravings | ✓ | Food Safety | ✓ | Vitamins |
| ✓ | Prenatal Vitamins | ✓ | Vitamins | ✓ | Food Safety |
| ✓ | Food Safety | ✓ | Breastfeeding | ✓ | Intake/ Foods |
| ✓ | Breastfeeding | | How often/typical feeding | | - Picky? |
| | -Questions/Feelings | ✓ | Formula | | - Textures |
| ✓ | Milk Consumption and Type | | - Oz/day | | - Number of Meals |
| ✓ | Eating patterns | | - Preparation | | - Portions |
| | 0 | ✓ | Bottle use | ✓ | Parent/Child Roles |



900's Environmental/Other Factors (Anything related to smoking, substance use, safety)

- Does anyone in the house smoke?
- What are your concerns about your/your child's safety?
- What concerns do you have about drugs or alcohol?

Probe for these topics depending on what participant shares from questions to assess for all risks

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|---|---|--|---|-----------------------|
| | ✓ | Smoking | ✓ | Drug or Alcohol Abuse |
| | | Maternal smoking/In the home | | |
| | ✓ | Safety/Abuse | ✓ | Foster Care |